



B U D D H I S T W O M E N ' S C O N F E R E N C E

Women Living the Dharma

Sponsored by:

The Buddhist Council of the Midwest &

DePaul University's Philosophy Department, Women's Center, Women's and Gender Studies Program, University Ministry, and Religious Studies Department

March 11, 2006

DePaul University Student Center
2250 N. Sheffield, Chicago, IL



Keynote Speech: "The Dharma of Gender"

Rita Gross, Ph.D.

One of the foremost commentators on gender issues and Buddhism presents her current thinking on Buddhism and gender. What are Buddhist views and practices regarding gender? Is feminism still relevant? What went wrong with the visions of earlier feminism? Can Buddhist thought and practice help?

Plenary Panel of Venerable Women: Women Living the Dharma in the 21st Century

Khenmo Nyima Drolma, Abbess, Vajra Dakini Nunnery

Venerable Sudhamma Bhikkhuni, Abbess, Carolina Buddhist Vihara

Reverend Kyoki Roberts, Zen Center of Pittsburgh, Board of Soto Zen



The Buddhist Council of the Midwest

The Buddhist Council of the Midwest promotes the spread of the Dharma by fostering the learning and practice of Buddhism in America, inclusive of all three Buddhist traditions. Its mission is to be a vehicle of mutual aid and fellowship for Buddhist organizations throughout the Midwest, to celebrate the diversity of Buddhist philosophy and culture, and to represent and advocate for the Buddhist community in the public realm, confronting misunderstandings or misrepresentations of the Dharma and engaging in inter-religious dialogue.

The Buddhist Council of the Midwest is co-sponsoring this conference to educate and improve the lives and practice of Buddhist women in the Midwest by providing the opportunity for women to dialogue with each other and share at a grassroots and immediate level woman's wisdom and scholarship as expressed within all three Buddhist traditions. More information and conference updates are on our web site: <http://www.dharmawomen.org>.



Schedule

Saturday, March 11, 2006

8:00am - 9:00am	Registration
9:00am - 9:15am	Greeting & Introductions
9:15am - 10:30am	Keynote Speaker: Rita Gross
10:30am - 10:45am	Break
10:45am - 12:00pm	Breakout sessions
12:00pm - 1:00pm	Lunch
1:00pm - 2:30pm	Plenary Panel Discussion
2:30pm - 2:45pm	Break
2:45pm - 4:00pm	Breakout Sessions
4:00pm - 4:30pm	Tea Break
4:30pm - 5:30pm	Thanks & Closing Ceremony



The Keynote Speech: Scholarship

The keynote speech presents an inclusive view of Buddhist scholarship that explores the history of women in Buddhism and that inquires into the causes and conditions that shaped the historical roles of Buddhist women and the patriarchal cultural legacies that still affect women practicing Buddhism today.



Rita M. Gross, PhD

Rita M. Gross, PhD, Professor Emeritus of Religion at the University of Wisconsin Eau Claire, is a widely recognized scholar whose interests have focused on Buddhism and feminism. She is the author of the influential book, *Buddhism after Patriarchy: A Feminist History; Analysis and Reconstruction of Buddhism; Feminism and Religion: An Introduction*, and many other books and articles including the forthcoming *Buddhism and Social Justice: Historical and Contemporary Perspectives*. She is a senior teacher of Shambhala Buddhism as well as a senior teacher in the Nyingma school of the Venerable Khandro Rinpoche (who is one of the few Tibetan woman lineage holders).



Spirituality: Women Living the Dharma Plenary Panel Discussion

The Plenary Panel features venerable women teachers from the three different Buddhist traditions who will give their insight on women's spiritual life, their Dharma journeys in the 21st century, and to reflect on current challenges and opportunities women face as Buddhist practitioners.



Venerable Sudhamma Bhikkhuni is one of only two American-born women to gain Theravada Bhikkhuni ordination. Currently there are only about 350 Theravada Bhikkhunis (women who have received higher ordination as nuns) in the world today. Originally from Charlotte, NC, she became a novice nun in 1999 at the Bhavana Society under Bhante Gunaratana and was ordained in early 2003 in Sri Lanka. She is currently Abbess of the Carolina Buddhist Vihara.

Theravada



Reverend Kyoki Roberts is a Soto Zen Buddhist priest and is a founding member of the Order of the Prairie Wind (OPW). She is the senior ordained student of Rev. Nonin Chowaney, Head Priest of Heartland Temple and OPW. She has trained at Hokyoji Monastery in Minnesota, San Francisco Zen Center and Green Gulch Farm in California, and Zuioji and Shogoji monasteries in Japan. Rev. Kyoki received Dharma Transmission from Rev. Nonin Chowaney, OPW in June 2001. She was appointed to serve as Deep Spring Temple's first Head Priest.

Mahayana



Khenmo Nyima Drolma, Abbess of Vajra Dakini Nunnery, is the first western abbot and fully ordained nun of the Drikung Kagyu Lineage and a former Professor of Art. She has trained with the foremost spiritual teachers of our time including the Dalai Lama, HH Chetsang Rinpoche (the head of the Drikung Kagyu Lineage), Ven. Dhyani Ywahoo and Ven. Pema Chödrön. She has studied in India, Taiwan and at Gampo Abbey in Canada, where she developed contemporary training systems for both nuns and monks. She was the artistic supervisor for the building of Songtsen Buddhist Library, Dehra Dun, India. She is currently building the Vajra Dakini Nunnery from the ground up while actively teaching the Dharma.

Vajrayana





Sawyer: Eclectic Breakout Sessions Facilitated by Buddhist Practitioners & Professionals

A wide array of breakout sessions that range from scholarly, to practical, to just plain fun and appeal to the many interests of Buddhist women. The breakout sessions, which are offered by professionals and practitioner facilitators, are aimed at helping women live fuller lives in the Dharma.

am

Saturday Morning Breakout Sessions

101 Monastic Women: An Interfaith Discussion

Sr. Suzanne Zuercher, OSB & Khenmo Nyima Drolma, PhD

102 The Zen of Gender

Susan McConnell, MA & Beth O'Neil, LCSW

103 Difficult Conversations as Practice

Rev. Kyoki Roberts

104 Leadership as Practice

Charlotta Koppanyi, MS

105 For Crying Out Loud

Rev. Karen Maezen Miller

106 Working with Women in Prisons/ Shelters

Alice Dan, PhD

107 Engaged Buddhism and Other Species

Jacquie Lewis

108 Creating Women's Retreats

Holly Johnson, Linda Somlai

109 Mandala Making and Meditation

Joan Cantwell, MA

110 Straddling the Ocean of Dharma: Asian Women in America

Asayo Horibe, RN & Panel

111 Daughters of Emptiness: Poems of Chinese Nuns

Beata Grant, PhD

112 Tibetan Yantra Yoga

Lama Lobsang Palden Rinpoche

113 Writing in the Practice

Susan O'Leary

pm

Saturday Afternoon Breakout Sessions

201 Meditating with Anger

Rita Gross, PhD

202 Damage to Men in Patriarchal Institutions

Santikaro

203 How Buddhism Can Transform Your Life

Ven. Sudhamma Bhikkhuni

204 Embodied Practice

Patricia Deer, PhD, Rosi Gowdey, MS & Janet Kahn, PhD

205 Being a Mother, Being a Buddhist

Patricia Palden

206 Refuge and Renewal in a Wild Wetland

Laurie Lawlor, MA

207 Mindfulness for Caregivers

Marcia Grabowecky, PhD

208 Buddhist Women and Eating Disorders

Jo Marie Thompson, RN

209 Chiyo-Ni: A Woman's Way of Haiku

Patricia Donegan

210 History of Women in the Buddhist Tradition

Barbara Kazanjian, BA, MS

211 Tai Chi Chih: Nurturing the Nurturer

Debbie Cole

212 Women in Today's Faith Traditions

Barbara McBee

213 Buddhist Social Action in Nepal

Ven. Molini Rai, PhD & Ven. Dhamma Vijaya, PhD



RAISING CHILDREN IN THE DHARMA

105 For Crying Out Loud: Motherhood as Spiritual Practice morning
Karen Maezen Miller

At your wits' end trying to combine the responsibilities of motherhood and the commitment to a spiritual practice? That's a good start for this workshop, which offers consolation, insight and encouragement to recognize and embody the spiritual practice of motherhood. Workshop combines readings with an informal and practical discussion of parenting as a gateway to practice. Karen Maezen Miller is a student of Nyogen Roshi and a priest at the Hazy Moon Zen Center in Los Angeles where she is a dharmaholder in the Soto-Rinzai lineage of Taizan Maezumi Roshi. She is the author of *Momma Zen: Walking the Crooked Path of Motherhood* to be published by Shambhala Publications in July 2006.

205 Being a Mother: Being a Buddhist afternoon
Patricia Palden

How does a multi-tasking mother find time for meditation? We will discuss the joys, challenges and insights that arise from Buddhist family life. Patricia Palden is the mother of three children and the executive director of the Blue Beryl Dharma Center, which she co-founded with her husband, Lama Lobsang Palden.

ENGAGED BUDDHISM

106 Working With Women In Prisons And Shelters morning
Alice Dan, PhD

Workshop invites participants to share their stories of working with women in prisons, halfway houses, clinics or other settings serving women who have experienced intense suffering. Alice Dan is the Director of the Shambhala Meditation Center of Chicago and Professor Emeritus from the University of Illinois at Chicago. She is beginning a project to offer meditation instruction and practice in a shelter for women.

107 Engaged Buddhism and Other Species morning
Jacquie Lewis

Workshop leader, Jacquie Lewis, is a Ph.D. candidate who will explore what we, as women, can do to engage in compassionate social engagement toward other species. Discussion will include two issues that affect our daily lives: how to become mindful about household and personal care products that are tested on animals and how to examine and reflect on our food choices. Workshop leader is a Ph.D. candidate in psychology with an emphasis on Consciousness and Spirituality at Saybrook Graduate School and Research Center. She also holds a certificate in Socially Engaged Spirituality from Saybrook and is the president of SPEAK (Supporting and Promoting Ethics for the Animal Kingdom), a national humane education organization.

206 Refuge and Renewal in a Wild Wetland afternoon
Laurie Lawlor, MA

Participants examine the ways in which the study and experience of our natural surroundings can offer spiritual affirmation and renewal and lead to activity to save an endangered landscape. Issues include the sustainability of engaged Buddhism, and how we can blend meditation and observation skills to remain fully present for the unexpected in the wild. Workshop includes hands-on journaling. Laurie Lawlor has published more than 35 books and teaches at Columbia College Chicago in the Fiction Writing Department. She was ordained as a teacher by the Ven. Thich Nhat Hanh. In 1989 she helped found the Lakeside Buddhist Sangha in Evanston. She is the author of *This Tender Place: The Story Of A Wetland Year*, a memoir/natural history, University of Wisconsin Press, October 2005.

213 Buddhist Social Action in Nepal afternoon
Ven. Molini Rai, PhD & Ven. Dhamma Vijaya, PhD

The speakers are Theravadan nuns in Nepal who will share their personal history of study, ordination, and their path to Buddhist social action. They will discuss Dhamma Moli, their current project to prevent young Nepalese girls from falling victim to exploiters who will sell them to brothels in India. The sisters are building a school near the Swayambhunath stupa in Katmandu where the girls will learn basic living skills, academic subjects and vocational competence within a Buddhist monastic environment. Ven. Molini Rai is a Burmese Buddhist nun who holds a Ph.D. from Magadh University in India. Ven. Dhamma Vijaya is a Nepali Buddhist nun ordained in Los Angeles who holds a Ph.D. in Buddhist Feminism from Magadh University. Both have also taught meditation and Buddhist philosophy in the U.S. and Southeast Asia.

COMPASSION FOR OURSELVES

108 **Creating Women's Retreats** morning
 Holly Johnson, Linda Somlai

This interactive workshop will discuss planning, building, and creating space for women's retreats. A slide presentation and handouts will present the building blocks and provide an experience of creative practice. Linda Somlai is a Bodhisattva Teacher and the founder of Women's Retreat and abbot of the Original Root Zen Center in Racine, Wisconsin. She is studio artist who has practiced meditation for over 30 years. Holly Johnson is a Reverend Teacher at ORZC and has practiced meditation for nine years. She is a writer and graphic designer.

207 **Mindfulness for Caregivers** afternoon
 Marcia Grabowecy, PhD

What can we do to learn to care for others who are suffering from mental or physical illnesses in a way that brings joy to our lives and preserves our own mental and physical health? Research shows how our usual experience of stressful life events has a negative impact on our mental and physical health; other research shows that practices based on mindfulness and meditation can alleviate these stress-related problems. Lecture followed by group discussion. Marcia Grabowecy, Ph.D., is a Lecturer and Research Assistant Professor in the Department of Psychology at Northwestern University who teaches Cognitive Psychology, Buddhist Psychology and Mind-training, Biofeedback and Attention. She has been a student of Buddhism since 1978.

208 **Buddhist Women and Eating Disorders** afternoon
 Jo Marie Thompson, RN

A presentation and facilitated discussion of the resources and obstacles presented by traditional Buddhist views & practices for women striving to heal their addictive relationships to food and other realms of the body. Presenter is a decade-long practitioner and critic of Theravada Buddhism. A resident of Liberation Park Buddhist Community, she is in recovery from eating disorders, and endeavors to encourage other women in their recovery within their own spiritual traditions.

WOMEN'S LIVES IN A MULTICULTURAL, INTERFAITH WORLD

101 **Monastic Women in the 21st Century: An Interfaith Discussion** morning
 Sr. Suzanne Zuercher, OSB & Khenmo Nyima Drolma, MFA

What motivates women to become nuns in the 21st century? How are women creating community, sharing spiritual lives, and revitalizing ancient systems? How are lay and monastic women working together? What are the current obstacles to maintaining the legacy of nun's communities and establishing the appropriate role for women in each religious tradition? A Buddhist nun and Roman Catholic sister discuss these issues. Sr. Suzanne Zuercher is a member of the Benedictine Sisters of Chicago and president of St. Scholastica Academy. She is also a licensed clinical psychologist and the author of *Enneagram Spirituality*, *Enneagram Companions*, *Thomas Merton*, *An Enneagram Profile*, and a book of poetry, *I Don't Expect an Answer*. Khenmo Drolma is the abbess of Vajra Dakini Monastery. (See panel descriptions for more information.)

110 **Asian Women in America: Straddling the Ocean of Dharma** morning
 Asayo Horibe, RN & Panel

How do Asian born and Asian American women translate practice between cultures? How do they negotiate and resolve the cultural clashes and expectations. Are there common challenges that run through different Asian cultural groups and what advice and wisdom can they share between themselves and translate to women of other cultures? Asayo Horibe is an R.N. and President of the Buddhist Council of the Midwest will facilitate a panel discussion of Asian women.

212 **The Role of Women in Today's Faith Traditions** afternoon
 Barbara McBee

The purpose of this panel discussion is to learn about women's impact and responsibility in the growth and perpetuation of their own traditions in our changing society. Facilitated by Barbara McBee, Treasurer, Buddhist Council of the Midwest. The participants are Phyllis Goodson: (Buddhism), Omie Baldwin (Native American), Mazur Ahmed (Islam), Angie Buchanan (Pagan) and Surinder Kaur Singh (Sikh).

BUDDHIST HISTORY, LITERATURE AND THE CONTEMPLATIVE ARTS

109 **Mandala Making and Meditation** morning
Joan Cantwell, MA

The Sanskrit word 'mandala' means 'purified universe', 'circle', or 'connection'. In Buddhism, the mandala may be used as an external symbolic expression of the world within. Participants will use art materials to create their own mandalas as a means to explore the energies and connections in their lives. Joan Cantwell, M.A., C.J.E.A., is a registered nurse with a certification in expressive arts, which she practices at several universities and hospices. She is a Buddhist practitioner at Liberation Park, Oak Park, IL.

111 **Daughters of Emptiness: Poems of Chinese Nuns** morning
Beata Grant, PhD

Women played major roles in the history of Buddhist China, but their voices have faded. Beata Grant has recovered and translated the enchanting verse of 48 nuns from sixteen centuries of imperial China. Join us for a reading of this work. Beata Grant, Ph.D, teaches literature and religious studies at Washington University in St. Louis, MO. Her writings include a study of the Woman Huang story-cycle, Mount Lu Revisited: Buddhism in the Life and Writings of Su Shih, and several articles on Buddhist nuns and laywomen of the Ming-Qing period. She is currently an editor of Nan-Nü, a new journal devoted to the study of gender issues in traditional China.

113 **Writing in the Practice** morning
Susan O'Leary

Deep Listening, close observation and open awareness are all parts of the practice that can be brought to (and more closely understood through) writing. This workshop presents a series of exercises that will help participants to join practice and writing. Susan O'Leary has practiced in the tradition of Thich Nhat Hanh for 12 years. Last year she was part of a delegation that accompanied Nhat Hanh on his return to Vietnam after 39 years of exile. Her most recent works are *Breath Taking* (Cross Roads Press) and "A Rare Haven" in Thich Nhat Hanh's *Friends on the Path*.

209 **Chiyo-Ni: A Woman Master's Way Of Haiku** afternoon
Patricia Donegan

A well-known haiku poet of our own time talks about Chiyo-ni (1703-1775), Japan's greatest female haiku poet. As a haiku poet, painter and Buddhist nun, Chiyo-ni lived a vibrant life, promoting her vision of living 'the way of haiku', a way for us all to stop and appreciate each moment of our lives. This will be followed by a short group writing session on haiku as "an awareness practice." Patricia Donegan studied in Japan with haiku master Seishi Yamaguchi where she completed a Fulbright grant. She has taught at Naropa University and in Tokyo and is the poetry editor for the *Kyoto Journal*. She has been a practitioner of Buddhist meditation for many years. She is the author of *Without Warning* (forward by Allen Ginsberg), *Hot Haiku* and co-author of *Chiyo-ni: Woman Haiku Master*. Her most recent book is *Haiku: Asian Arts for Creative Kids*.

210 **History of Women in the Buddhist Tradition** afternoon
Barbara Kazanjian, BA, MS

Beginning with the women who affected the Buddha's own life, who are the "grandmothers" in our tradition upon whose shoulders we stand? What did they teach and contribute to the culture of humankind? Let us look through the scrapbooks of other times and places for joy and encouragement in our own. Barbara Kazanjian is a psychotherapist, artist and poet who teaches Eastern studies, t'ai chi ch'uan and meditation at local universities and workshops in Indiana.

CARING FOR THE BODY

112 **Tibetan Yantra Yoga** morning
Lama Lobsang Palden Rinpoche

Tibetan Yantra Yoga is a system of yoga dating back to the time of the great sage Padmasambhava. Previous yoga experience is a plus but not necessary. Lama Lobsang Palden Rinpoche was born in Tibet, where he was realized as a reincarnated lama and trained in a monastery. He has been practicing Yantra Yoga for more than two decades and teaches in Chicago.

211 **T'ai Chi Chih ® : Nurturing the Nurturer** afternoon
Debbie Cole

The practice of grounding and balancing the "Chi" inside the body promotes clarity and creativity to handle the multifaceted woman's many needs. This practice promotes grounding and harmonizing energy, which can be especially helpful in balancing moods and hormones and strengthening the immune system. These standing gentle movements can be enjoyed by all. Debbie Cole is an accredited T'ai Chi Chih instructor. She practices mindfulness and meditation with her sangha in Annapolis, M.D. where she also facilitates a children's mindfulness program.



DIRECTIONS & HOTEL RESERVATIONS

All Women Living the Dharma 2006 events will be held at DePaul University, 2250 N. Sheffield Avenue, Chicago, IL.

BY CAR

From the north and northwest

From the Kennedy Expressway (I-90/I-94) exit at Fullerton Avenue and turn left (east.) The Lincoln Park campus is approximately two mile from the expressway on Fullerton Avenue at Kenmore Avenue.

From the west

From the Eisenhower Expressway (I-290), turn onto the Kennedy Expressway (I-90/I-94) heading toward Wisconsin. From the Kennedy Expressway (I-90/I-94) exit at Fullerton Avenue and turn right (east.) The Lincoln Park campus is approximately two miles from the expressway on Fullerton Avenue at Kenmore Avenue.

From the south

From the Dan Ryan Expressway (I-90/I-94) continue as the expressway becomes the Kennedy Expressway (I-90/I-94). Exit at Fullerton Avenue and turn right (east.) The Lincoln Park campus is approximately two miles from the expressway on Fullerton Avenue at Kenmore Avenue.

From Lake Shore Drive (north or south)

Exit Lake Shore Drive at Fullerton Avenue. Head west for approximately three miles. The Lincoln Park campus is located on Fullerton Avenue at Kenmore Avenue.



BY PUBLIC TRANSIT

Rapid Transit Lines

Three rapid transit train lines service the Lincoln Park area and DePaul's Lincoln Park campus. Exit at the Fullerton station. After coming down the steps, turn left (west) and walk two blocks to Kenmore Avenue. These are the train lines servicing the Lincoln Park campus: Howard/Dan Ryan (Red), Evanston Express (Purple), and Ravenswood (Brown). You may transfer to these lines from all other train lines in most downtown stations. NOTE: The Evanston Express (Purple) line does not have Saturday service.

Buses

Bus routes interconnect throughout the city. Several buses stop very near the Lincoln Park campus. All routes are subject to change by the CTA. You may reach the CTA at 312-836-7000 or 1-800-972-7000 or TDD (Hearing Impaired) 312-836-4949. For more information, visit www.transitchicago.com. #74 Fullerton Ave., #11 Lincoln Ave., #8 Halted St.

HOTEL RESERVATIONS

Days Inn Lincoln Park North

644 West Diversey Parkway, (At Diversey, Clark & Broadway) Chicago, IL

PH (773) 525-7010 or 1-888-LPN DAYS

Arrival Date: March 10, 2006

Departure Date: March 12, 2006

Final Reservation Date: February 10, 2006

Room with One Double Bed: \$95.00

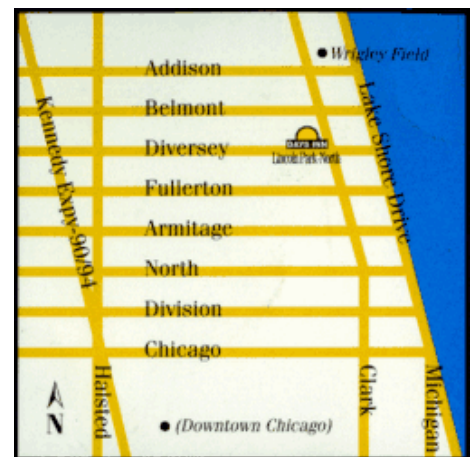
Room with Two Double Beds: \$105.00

Guests must call individually to make their reservation from the room block.

Reservations can be made by calling 1-888-LPN DAYS. Please mention the group booking code: **BCMI**. Rooms may be guaranteed by individual guests by using a credit card or sending a deposit to the hotel for a one night stay.

A complimentary deluxe continental breakfast buffet is available in the hotel's breakfast room from 6:30 am - 11:00 am.

Valet parking is available for \$20 for up to a 24 hour period including in and out privileges. (Please note that the charge for parking is subject to change without notice).





REGISTRATION FORM

Registration fee includes: keynote address, plenary panel, breakout sessions, lunch, vegetarian snacks, ceremonies, and art exhibit.
- PLEASE PRINT CLEARLY -

NAME _____ NAMETAG NAME _____

ADDRESS _____ CITY, STATE, ZIP _____

DAY PHONE _____ EVENING PHONE _____ CELL PHONE _____

SANGHA AFFILIATION _____ EMAIL _____

EMERGENCY CONTACT NAME _____ PHONE _____

BREAKOUT SESSION PREFERENCES (Enter Breakout Session Numbers)

MORNING CHOICE 1ST _____ 2ND _____ 3RD _____

AFTERNOON CHOICE 1ST _____ 2ND _____ 3RD _____

CHILDCARE REGISTRATION

The childcare program is available at \$25/child. A childcare information packet and form will be sent to you via mail or email prior to the Conference. Day care fee includes peanut butter & jelly sandwiches, juice, dairy milk and snacks. Please provide a lunch if your child has special dietary needs. LIMITED CAPACITY: PLEASE REGISTER EARLY.

Number of children attending _____ Attendee Guardian's Cell Phone Number _____

Name _____ Age _____ Gender _____

Name _____ Age _____ Gender _____

CAPACITY LIMITED TO 400 PARTICIPANTS SO PLEASE REGISTER EARLY. EARLY BIRD DISCOUNT UNTIL FEBRUARY 1, 2006 – SAVE \$20

<u>REGISTRATION FEE</u>	<u>FEB 1 TO MARCH 1, 2006</u>
REGULAR	\$80 (\$60 before February 1, 2006)
FULL-TIME STUDENT (School) _____	\$40
CLERGY (Sangha or Church) _____	\$40
CHILD CARE	\$25
MONASTIC* (Sangha or Church) _____	\$0

* No registration fee for Buddhist or Catholic monastics, but please register before March 1 so we can provide your meal. For purposes of this conference a Buddhist monastic defined as celibate, in robes, living under the Vinaya and by alms. Catholic monastic defined as celibate, living in a religious community, under monastic rule and a vow of poverty.

I would like to donate \$ _____ to the Scholarship Fund to help monastics and those in need of assistance to attend the Conference.

LUNCH

Included with registration received or postmarked before March 1, 2006. Lunch box includes sandwich* (bread selection varies), side salad, chips, dessert, candy, soda, paper ware and condiment packets. Select one of the following sandwiches:

- _____ Grilled Vegetable and Provolone
- _____ Roasted Asparagus with Portabella Mushroom and Cheddar
- _____ Sautéed Breaded Eggplant with Roasted Tri-Peppers and Provolone
- _____ Grilled Portabella Mushroom with Roasted Red Peppers, Provolone and Raw Vegetable, Avocado, Sprouts, Yellow Squash,
- _____ Cucumber, Green Pepper, Spinach, Sliced Mushroom, Sliced Tomato and Vegetable Spread

* For Vegan, place a "V" next to your sandwich preference and it will be made without cheese

Monastic: Will you need to eat your meal before midday? _____

Enclosed is my check for \$ _____. Please make checks payable to "BCM's Buddhist Women's Conference". Registration taken in order of postmark. Mail check and registration form to: BCM Women's Conference, c/o Shambhala Meditation Center of Chicago, 7331 N. Sheridan Road, Chicago IL, 60626

I (we) forever release and discharge anyone involved in The BCM's Buddhist Woman's Conference, for any liability resulting from my (our) participation in BCM's Buddhist Woman's Conference, 2006. I (we) understand that only 50% will be refunded for cancellations between February 15 and March 1, 2006, and that no refunds will be given after March 1, 2006.

Signature _____ Date _____

REGISTRATION MUST BE POSTMARKED NO LATER THAN MARCH 1, 2006. NO EXCEPTIONS!